

Rhona Barton Podcaster, Coach & Author

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About Me

I specialise in working with women living with, or who have recently been diagnosed with, M.E. (Myalgic Encephalomyelitis).

Services & Rates

Motivational Speaking	£POA
1:1 Coaching Session	£75
Renew You Programme	£900

Get In Touch

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Previous Collaborations

- Action for M.E. podcast & webinar
- Give Grief A Chance Podcast
- Finalist in 2022 Podcasting for Business Awards - Best Health & Wellbeing podcast